



Foundation

This term in Physical Education, Foundation students will develop their movement and coordination skills through cricket, athletics and tennis. They will learn to catch, throw and strike a ball with control, practise running, jumping and throwing events, and improve their hand-eye coordination using tennis racquets. Students will be encouraged to show enthusiasm, persistence and sportsmanship throughout all activities.

Grade 1/2

This term in Physical Education, Grade 1/2 students will further develop their movement and coordination skills through cricket, athletics and tennis. They will refine their throwing, catching, batting and bowling techniques, practise running, jumping and throwing with greater control and accuracy, and build on their hand-eye coordination through rallying and basic gameplay in tennis. Students will continue to develop teamwork, confidence and sportsmanship in all activities.

Grade 3/4

This term in Physical Education, Grade 3/4 students will develop their skills and understanding through cricket, tennis and lifestyle sports. They will refine their batting, bowling and fielding techniques in cricket, improve their serving, rallying and game play in tennis, and explore a variety of lifestyle sports that promote fitness, teamwork and enjoyment. Students will be encouraged to demonstrate cooperation, persistence and positive sporting behaviour throughout all activities.

Grade 5/6

This term in Physical Education, Grade 5/6 students will further develop their skills and tactical understanding through cricket, tennis and lifestyle sports. They will focus on applying advanced batting, bowling and fielding techniques in game situations, refine their serving, rallying and match play strategies in tennis, and participate in a range of lifestyle sports that promote lifelong physical activity and teamwork. Students will be encouraged to demonstrate leadership, cooperation and a strong sense of sportsmanship throughout all activities.