CHOC ORANGE ENERGY BALLS

MAKES approx 18 Easy 15 minutes



Ingredients Nutrition 100g pitted medjool dates 100g pecan nuts 50g pumpkin seeds 50g rolled oats 4 tbsp cacao powder or unsweetened cocoa 2 heaped tbsp almond butter zest and juice 1 orange

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Method

Step 1

Place all the ingredients and 3 tbsp orange juice in a food processor. Blitz until chopped and starting to clump together. If it's a bit dry, add a drop more orange juice. Roll the mixture into walnut-sized balls with lightly oiled hands. Pop 2 or 3 into a lunchbox for a snack. Keeps in a sealed container for 2 weeks in the fridge.